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**EXCLUSIVE:**  
**'MANDATORY**  
**FUN' WITH**  
**WEIRD AL**

IT TOOK 30 YEARS, BUT HE FINALLY  
HAS A NO. 1 ALBUM. PAGE 19



**Reform minded.** Thousands marched Monday from Harlem to the United Nations, demanding justice for African-Americans. PAGE 04

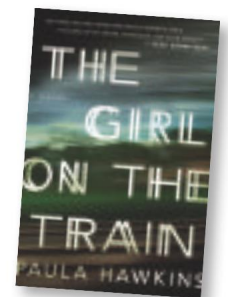
Protesters link arms as they walk up Lexington Avenue in march to continue the legacy of Dr. Martin Luther King Jr. / MILES DIXON, METRO

**The Doe Fund helps the homeless**

PAGE 02

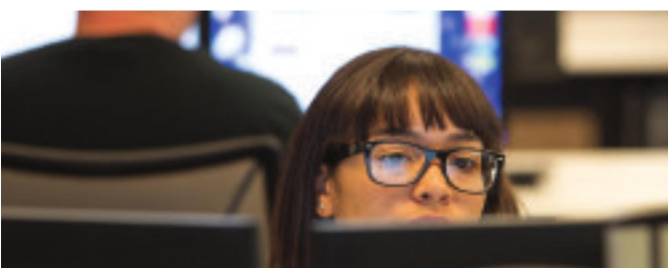
**The book critics say is better than 'Gone Girl'**

PAGES 22-23



**Report card time for struggling Devils**

PAGE 27



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# 1

## NEWS

Top 3

### The best of Metro.us

1 'Pope confirms September visit to NYC, with mass possible at Madison Square Garden'

2 'Everybody run! The Black Eyed Peas are coming back!'

3 'Weird Al' Yankovic announces the Mandatory Tour'



On the go

Want to read Metro on your mobile device? Get the app! All you have to do is search for Metro US in the App Store or Google Play to get all the latest in news, sports, lifestyle and entertainment for free.



Steven Segarra, Randy Hutton and Khalil Muhammad clean up the sidewalks near 116th Street and Lexington Avenue. / MILES DIXON, METRO

# Doe Fund gets homeless off streets, into jobs

**Progress.** Since it was found in 1990, the Doe Fund has helped people reclaim their lives through training and support.

Not that long ago, Steven Segarra ate whatever food he could find and slept wherever he wasn't kicked out.

"If you've ever seen one of those people on the street that hasn't bathed for a while, with the big beard and all the bags — that was me," Segarra said.

Heavy drinking broke up his family and left

Segarra without his retail management job before he turned 40, he said Friday from the corner of 116th Street and Lexington Avenue. The Manhattan native turned to drugs and found shelter wherever he could — subway stations, rooftops, shelters and churches.

"I'm a God-fearing man, and when the church priest says there's nothing we can do for you, it's eye opening," Segarra, now 50, told Metro.

Segarra was on 57th Street and Sixth Avenue one October day when he said he decided to approach a man in a blue jumpsuit cleaning the street.

Less than six months later, a clean-shaven Segarra



Visit **Metro.us** for a full breakdown of how much each council member contributed.

By the numbers

## 26

26 City Council members pledged \$766,000 to hire Doe Fund workers to keep streets tidy.

smiled broadly as he swept the East Harlem corner in jumpsuit emblazoned with "The Doe Fund."

Launched in 1990, the Doe Fund's Ready, Willing & Able accepts applicants into the nine- to 12-month program, where each trainee earns up to \$8.95 an hour for a 30-hour work week.

Trainees pay \$100 a week for food and housing to help mirror real-world obligations. The program emphasizes how participants can save money but also how they can expand their skills to make more money.

Randy Hutton, 55, became homeless last August, but joined the program about a month

later. Raised in the Wakefield neighborhood of the Bronx, Hutton said he had a good job working maintenance at a school but he developed a drinking problem and missed workdays.

Hutton told Metro he already has his commercial driver's license while at the Doe Fund and is working on getting an exterminator license.

New Yorkers walking along the busy intersection noticed the work done by the Doe Fund crew. Said one female passerby: "It's nice to see people do good around here."



CHESTER SORIA  
@chestersoria  
chestersoria@metro.us

## Brooklyn. Four men sought in robbery ending in rape, stabbing



Surveillance photo / NYPD

Investigators said four men broke into an apartment on Sutter Avenue in Brownsville at around 3:45 a.m. on Jan. 17.

The robbers held a gun to both victims and demanded their money. When a 35-year-old resident struggled with one of the robbers, he was stabbed repeatedly.

The thieves also sexually assaulted an unidentified woman in the apartment before fleeing with cash and a TV.

Cops released surveillance video of the four men who entered the building. They were unable to say which two broke into the home.

CHESTER JESUS SORIA

### Daylight robbery

#### Cops seek robbers in Bronx break-in

Three suspects in an armed daylight robbery in the Bronx last week are still on the loose, cops said Monday.

Investigators released photos of at least two men who allegedly made their way into an apartment in the Long-

wood section at around 12:30 p.m. on Jan. 5.

Cops said the 45-year-old man inside the apartment opened the door and the suspects forced themselves in. At least one of the suspects pointed a gun at the man.

The robbers subdued the man and tied him up before taking his iPhone and \$1,100 in cash.

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## Pay up

**Cuomo's minimum wage hike blasted**

New York's progressive stalwarts offered tepid praise for Gov. Andrew Cuomo's Sunday announcement that he'll seek a hike in the minimum wage.

Make the Road's Mauricio Jimenez thanked Cuomo but said the hike falls short of the \$13 wage the governor supported in the 2014 elections.

"This is a step, but we need much more," Jimenez wrote.

Working Families Party Director Bill Lipton said: "The truth is it's nearly impossible to raise a family in this state on even \$12 or \$13 an hour."

Cuomo's proposal would raise the city's minimum to \$11.50 per hour, from the current \$8.75, by January, 2016. The wage outside the city would be \$10.50.

METRO

## Fatal accident

**First cyclist death of 2015**

Days after the de Blasio administration celebrated an overall drop in traffic-related deaths in 2014, New York City had its first cyclist death of the new year.

Hoyt Jacobs, 36, died in Queens on Saturday at 7:10 p.m. when a garbage truck turned a corner on 41st Avenue from Vernon Boulevard.

Jacobs, a Bushwick resident, worked as a tutor at CUNY's City College of Technology in Downtown Brooklyn.

The truck driver stayed after the collision, and police said there are no pending arrests.

City Councilman Ydanis Rodriguez said he'll push to mandate side guards on trucks that prevent passersby from being swept underneath.

In October, Boston became the first city to require the guards.

METRO

**MLK Day. New Yorkers reclaim King's legacy in East Side march**

New Yorkers reclaimed Dr. Martin Luther King Jr.'s message on Monday at the biggest demonstration for police reform since city officials called for a detente between protesters and police.

Thousands of peaceful protesters gathered at noon at 110th Street and Lenox Avenue, and marched four miles down Lexington Avenue to the United Nations.

"We're at a pivotal point in history, we need thousands, millions of people to rise up and fight back against the system that says black and Latino lives don't matter," said Adrienne Luendo, 24, from the Bronx.

"If you see 'Selma,' you see people were fearless in the face of serious danger, and they were willing to put their bodies on the line to change the world. We have to carry his legacy and take it further," Luendo said.

Ruben Mendez, 24, an



Marchers called for police reform and fairness. / MILES DIXON, METRO

independent activist from New Jersey said, "Now police brutality and racism is under more scrutiny in the public eye. In some ways, it does feel like another 1960s cycle."

Marchers carried signs of men and women of color who have been killed by police. At times, chants said NYPD officers were "racist" and like the "KKK."

"The faith community is concerned about the

chants that are anti-police," said Rev. Peter Hel-tzel, 44, an assistant pastor at Park Avenue Christian Church and director of the Micah Institute at New York Theological Seminary. "We're grateful for police officers keeping out streets safe. ... But we're fighting for transparency and accountability within the NYPD, so if they hurt someone, they are disciplined."

WENDY JOAN BIDDLECOMBE, METRO

## Quoted



Geo Pizzaro, 23, Bronx. Last time voted: 2012

"Dr. King supported me, if it wasn't for him I wouldn't be here, if it wasn't for all those marches, all those speeches. I'm pretty sure he's frowning up in heaven right now [after the deaths of Eric Garner and Michael Brown]. I don't think that's what he marched for."



Breeana Jones, 24, New Rochelle. Last time voted: 2014

"I came out today to be a part of history, to raise, my voice and know that while I was alive, I had a voice in how people were treated. There's still a lot of work to be done."

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Ramesh Gowda, MD  
First Avenue at 16th Street  
3 Linsky - Conference Room

FRIDAY, FEBRUARY 6  
10 AM - 2 PM

**Go Red: Heart Health Fairs**

Mount Sinai Beth Israel: Petrie  
1st Ave at 16th Street  
2nd Floor, Dazian Rotunda

Mount Sinai Beth Israel: PACC  
10 Union Square East  
2nd Floor Atrium

WEDNESDAY, FEBRUARY 11  
NOON - 1 PM

**Women and Heart Disease**

Susan Hecht, MD  
First Avenue at 16th Street  
3 Linsky - Conference Room

THURSDAY, FEBRUARY 12  
5:30 - 7 PM

**Sweetheart CPR: "Embrace Your Heart"**

First Avenue at 16th Street  
3 Linsky - Conference Room

WEDNESDAY, FEBRUARY 18  
NOON - 1 PM

**Broken Heart Syndrome**

Maurice Rachko, MD  
First Avenue at 16th Street  
3 Linsky - Conference Room

WEDNESDAY, FEBRUARY 25  
NOON - 1 PM

**Diet and Exercise Your Heart: Preventing Heart Disease**

Margaret Furman, MD  
First Avenue at 16th Street  
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## Papal visit. NYC trip set for fall, Mass planned for Garden

New York Catholics hoping Pope Francis would visit the Big Apple had their prayers answered Monday: The popular pontiff said he'd be speaking at the U.N. in September and going to Washington — in addition to previously announced plans to visit Philadelphia.

He revealed the news onboard the papal jetliner while flying home to Rome from the Philippines, where millions greeted him the day before in the rain at an open air Mass.

The pope's full itinerary is still in the planning stages, the Vatican said. A visit to St. Patrick's Cathedral, Mass at Madison Square Garden, and a ceremony at Ground Zero are likely, the Catholic News Agency reports.

The CNA also reports that Francis, while in New York, is planning some sort of "interethnic meeting" in light of the city's

### Papal plans

NYC: Itinerary may include St. Patrick's Cathedral, Mass at Madison Square Garden, ceremony at Ground Zero, interethnic meeting.

- Washington: White House visit, Mass at National Shrine of the Immaculate Conception, speak to a joint session of Congress.

great diversity.

Archbishop Bernardito Auza told CNA the pope will arrive there Sept. 22 and visit the White House, say Mass and speak to a joint session of Congress.

He'll then head for New York City, where the U.N. General Assembly opens Sept. 25; and then close his visit at the World Meeting of Families in Philly. **METRO**



## Grand Central Squash

Metro North commuters got some entertainment over the weekend, at the JP Morgan Tournament of Champions squash contest. Chris Simpson of England (blue) and Cesar Salazar of Mexico (Red), battle it out in a temporary glass-walled squash court. / MILES DIXON, METRO

### Albany

## Cuomo wants pay raise for lawmakers

Gov. Andrew Cuomo called Monday for a commission to review pay for top officials and lawmakers.

"To attract the best to state government, salaries ... need to be commensurate with the talent needed to reshape New York," Cuomo wrote. "Any increase also needs to be linked to reform."

The salary commission

would be staffed by one appointee, each named by the governor, the state Senate and the Assembly, and meet every four years.

Lawmakers pressured Cuomo last month to raise their current \$79,500 base salary, which many supple-

ment with outside jobs.

Assembly Speaker Shelly Silver is paid \$121,000 a year, and reported \$650,000 from outside legal work. The New York Times said Silver may be under federal investigation for failing to disclose income. **METRO**

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# Weymouth murder touches Boston mayor's private life

**Tragedy.** The father of Martin Walsh's girlfriend's daughter killed his own mother, then was shot dead by police.

The man believed to have fatally stabbed his mother in Weymouth early Monday before being killed by police was the father of Boston Mayor Martin J. Walsh's girlfriend's daughter.

Police responded to a Prospect Hill Drive home — located in a residential neighborhood on a peninsula near Upper Neck Cove — just after 1 a.m. to find Paul J. Campbell, 49, “in an agitated state, apparently armed with one or more knives,” and his mother,



**Boston Mayor Marty Walsh with girlfriend Lorrie Higgins** / NICOLAUS CZARNECKI, METRO

Patricia Campbell, 72, was seen sprawled out on the steps leading to the home.

Two police officers opened fire on Paul J. Campbell after he became confrontational. Campbell was taken to South Shore Hospital where he was pronounced dead. His mother was pronounced dead at the scene, from what was initially believed to be stab wounds.

The cause and manner of death will be determined by the Office of the Chief Medical Examiner, according to the Norfolk County District Attorney's office.

Campbell is the father of Lauren Campbell, daughter of Walsh's longtime girlfriend, Lorrie Higgins. In a profile of Higgins published last March in The Boston Globe, Campbell was described as a childhood friend of actor Mark Wahlberg, “a dark-haired rowdy who gradually built up a rap sheet of low-level crimes.”

Campbell served nine months in prison, but later went on to be an actor, appearing in small roles in two Wahlberg movies “The Fighter,” “Ted,” as well as in “American Hustle.”

Higgins told the Globe that while Campbell was not involved in Lauren's upbringing, his parents were “very, very good to Lauren and me both.”

Walsh released a statement through a spokeswoman Monday saying: “This is an extremely per-



**A memorial outside the crime scene** / NICOLAUS CZARNECKI, METRO

## Quoted

**“This is an ongoing investigation, and it is not my place to speculate on why or how this happened.”**

Walsh

sonal situation and I ask that Lorrie and Lauren's privacy be respected at this time. This is an ongoing investigation and it is not my place to speculate on why or how this happened. My focus right now is on my family, Lorrie and Lauren, and their well being.”

Both Campbells were believed to live at the home where the confrontation took place, according to the DA's office.

The DA's office, along with state police and Weymouth detectives are continuing to investigate the incident.

The two officers who shot Campbell were also taken to the hospital for evaluation and are currently on administrative leave.

**DANNY McDONALD, METRO**

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# Worker freed from Cuba to be guest at Obama speech



Alan Gross and his wife Judy / GETTY IMAGES

**Prisoner exchange.** Pope Francis helped play a major role in securing his freedom.

U.S. aid worker Alan Gross, whose release from a Cuban prison helped pave the way toward restoring diplomatic ties with the communist nation, will be among the White House's top guests for tonight's State of the Union address.

Obama later credited the historic exchange as the catalyst that led the U.S. to change its stance toward Cuba, breaking a more than 50-year impasse between the two nations.

In addition to Gross, other guests on the First Lady's list include astronaut Scott Kelly, who will soon embark on a yearlong mission to live and work at the International Space Station, and CVS Health Corp Chief Executive Larry Merlo, who made headlines in 2014 when his company became the first major pharmacy chain to stop selling tobacco in its stores.

The majority of the guest list, however, consists of many average Americans who may be struggling with employment, affordable education, illnesses or housing — areas that President Barack Obama will likely discuss in his speech as he lays out his policy objectives for 2015.

Some of the guests are

**Guest**

**20**

The White House on Monday announced that Gross and his wife will be among the more than 20 other guests to sit with First Lady Michelle Obama, Jill Biden and presidential adviser Valerie Jarrett when the president gives his annual address at the U.S. Capitol Tuesday evening.

current or former students at community colleges around the country, an area Obama is expected to discuss as part of his proposal to make community college free for some students.

One guest is 13-year-old Malik Bryant of Chicago's South Side, who wrote a letter to Santa Claus saying he just wanted to be "safe."

Another is a student who qualified for relief under Obama's immigration policy designed to help illegal immigrant children obtain a work permit and avoid deportation.

Some Republicans announced they were bringing guests who represented visions at odds with Obama's policies.

Florida Republican Senator Marco Rubio, whose parents were born in Cuba, said he is inviting Cuban activist Rosa María Payá.

Her father was killed in an car wreck that some believe was retaliation by the Cuban government because of his efforts to bring democracy to the country.

REUTERS

## Police report

### Man killed in Fla. mall tried to shield woman

Police on Sunday identified a man shot to death at a Florida shopping mall on Saturday and said he was apparently trying to protect a woman who was wounded in the attack.

Leonardo Coppola, 36, died when a gunman went

to a store at the Melbourne Square Mall intending to shoot the gunman's wife, the Melbourne Police Department said in statement.

Police could hear shots when they responded to a report of gunfire and inside the mall found Jose Garcia-Rodriguez, 57, of Palm Bay; his wife, Idanerys Garcia-Rodriguez, 33; and Coppola, who died from his wounds.

## Quoted

**"Initial reports indicate Mr. Coppola was attempting to move Idanerys Garcia-Rodriguez out of harm's way when he was shot."**

Police statement

Jose Garcia-Rodriguez was killed by a self-inflicted wound and his wife, who appeared to be the target of the shooting, was in good condition on Saturday, Melbourne police commander Vince Pryce told a news conference.

Police said Jose Garcia-Rodriguez had pockets full of ammunition and they found three handguns at the scene. **REUTERS**

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# Israeli strike in Syria kills senior Hezbollah figures

**UN.** Peacekeepers intensified their patrols on the border between Lebanon and Israel on local sources said.

An Israeli helicopter strike in Syria killed a commander from Lebanon's Hezbollah and the son of the group's late military leader Imad Moughniyah, Hezbollah said, in a major blow that could lead to reprisal attacks.

The strike hit a convoy carrying Jihad Moughniyah and commander Mohamad Issa, known as Abu Issa, in the province of Quneitra, near the Israeli-occupied Golan Heights, killing six



Peacekeepers of the United Nations Interim Force in Lebanon (UNIFIL) patrol in the southern Lebanese town of Kfar Kila, near the border with Israel. / GETTY IMAGES

Hezbollah members in all, a statement from the group said.

It comes just days after Hezbollah leader Sayyed Hassan Nasrallah said frequent Israeli strikes in Syria were a major aggression, that the group was stronger than before and that Syria and its allies had the right to respond.

Shi'ite Muslim Hezbollah, which is backed by Iran and fought a 34-day war with Israel in 2006, has been fighting alongside President Bashar al-Assad's forces in Syria's four-year war.

The Hezbollah-run al-Manar news channel said the Israeli attack suggested "the enemy has gone crazy because of Hezbollah's growing capabilities and it could lead to a costly adventure that will put the Middle East at stake".

Israel's military declined to comment, but an Israeli security source confirmed to Reuters that the Israeli military had carried out the attack.

It was not immediately clear what role Jihad Moughniyah, in his 20s, was playing in the fighting in Syria. **REUTERS**

## Moughniyah

### Son pledged loyalty to the battlefield

Imad Moughniyah was implicated in the 1983 bombings of the U.S. Embassy and U.S. Marine and French peacekeeping barracks in Beirut, which killed over 350 people, as well as the 1992 bombing of the Israeli embassy in Buenos Aires and the kidnapping of Westerners in Lebanon in the 1980s.

The United States indicted him for his role in planning and participating in the June 14, 1985,

hijacking of a U.S. TWA airliner and the killing of an American passenger.

He was killed in a car bombing in Damascus in 2008.

Jihad Moughniyah appeared in public for the first time a week after his father's death to pledge loyalty to Nasrallah.

"We are with you and we will go wherever you go. We will never leave the battlefield and we will never drop our guns, we answer for you Nasrallah," Jihad, then aged 16, said wearing the group's military uniform in front of thousands of mourners. **REUTERS**

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NEWS 12



Pope Francis addresses journalists onboard a plane during his trip back from the Philippines. / GETTY IMAGES

## Pope says birth control ban does not mean go breed 'like rabbits'

**Francis in the Philippines.** Pope's penchant for straight talk tackles key church taboo.

**Quoted**

"Some think, excuse me if I use the word, that in order to be good Catholics, we have to be like rabbits — but no."

Francis said, adding the Church promoted "responsible parenthood"

Catholics should not feel they have to breed "like rabbits" because of the Church's ban on contraception, Pope Francis said on Monday, suggesting approved natural family planning methods.

Francis used the unusually frank language during an hour-long news conference on the plane from Manila to Rome at the end of his weeklong Asia trip.

The free-wheeling encounters have become a hallmark of Francis' simple style, his penchant for straight talk and his ease at using colloquialisms to

make his point.

He mentioned a woman he recently met who already had seven children by cesarean section and put her own life at risk by becoming pregnant again. He said he chided her for "tempting God" and added: "That was an irresponsibility."

The leader of the 1.2-billion-strong Roman Catholic Church restated its ban on artificial birth control, adding there were "many ways that are allowed" to practice natural family planning.

The Church approves of only natural methods of

birth control, principally abstinence from sex during a woman's fertile period.

In Sri Lanka and the Philippines, Francis condemned what he called an "ideological colonization" attacking traditional family values.

On the plane, he indirectly criticized rich countries and international organizations he said tried to influence lifestyles and morals of young people in poorer nations, comparing their activity to that of 20th century Nazi and Fascist propagandists.

REUTERS

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# 3 Money making habits to try now

There are some simple things you can do in your life to make this year your best yet. Here are my top three tips that are truly easy to pull off.

## Tip #1: Wake up early

In major cities, nightlife goes on for all hours and even those who stay at home have tons of options to stimulate their brains for hours on end, making people choose to stay awake later. That means they wake up later too. Don't give into temptations. By going to bed earlier and rising

earlier than your peers, you can get much more accomplished than them. Trust me: I've just begun focusing on this tip and the difference is night and day.

## Tip #2: Read and take notes

I find that having a notepad with me — whether physical or on an electronic device — and taking meaningful notes based on what I'm reading fills me with new ideas and lessons that benefit my life in some surprising way. When you take notes just for your own benefit,

My charity DVD study guide "How To Make Millions" has now raised over \$200,000 for charity in just a few weeks!

Several large brokerage firms were wiped out by the surprise Swiss removal of support for the Euro. C'mon, guys, why are you using so much leverage and risking disaster?



GETTY IMAGES

you don't need to bother with spelling, grammar and punctuation; just jot down ideas and questions you have gathered from your reading. Look at those notes and ponder them later on — your brain will be happy.

## Tip #3: Focus on long-term goals

We live in the age of instant gratification, and too often our long-term goals are sacrificed, pushed aside or forgotten altogether. By constantly remembering and reminding yourself about your overall goals instead

For exclusive commentary, visit [Metro.us/blogs](http://Metro.us/blogs).

of just making yourself happy for a few hours or days, you will accomplish more over time. This is far more rewarding than any short-term gains. This is the toughest of my three tips, but if you start out each morning by reciting one or two of your long-term goals and what you can do that day to get closer to achieving them, you put yourself on the best path to increasing your odds of long-term success and self-fulfillment.

### What Tim Sykes is into this week...

1 Tesla and SpaceX CEO Elon Musk just announced yet another project, The Space Internet.

2 The NFL playoffs are very exciting this year!



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3 The U.S. dollar is hitting multi-year highs against the Euro; Europe just became a lot cheaper to visit.



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# Don't get nervous before the SATs

**Crash course.** Rest up this week, and keep calm the day of the exam.

For most students, taking the SAT for the first time represents the most important exam of their lives. With many high school juniors currently doing their last-minute prep before this Saturday's exam, it's important for them not to let their pretest jitters get out of control.

"We tell students this: 'You probably spent at least six weeks studying for the SAT, whether it was through a class or a tutor or a book, so remember to take a deep breath,'" says Rob Franek, the senior vice president of publishing at the Princeton Review and the

author of "The Best 379 Colleges." "It's important to feel confident in the work you've done."

With Saturday's exam just around the corner, Franek urges students to keep the following in mind.

## Practice self-care

It seems like common sense, but remember that staying up late every night leading up to the test won't put you in the best state of mind. "Make sure that you take care of yourself," Franek says. "Remember to sleep."

It's also important to note that you'll probably need a snack to boost your energy. "Take some fruit with you," he says. "Bananas are great to keep the energy going."

## Read the directions

"It's so easy to get tripped up on the directions of the SAT because they are confusing," Franek says. Take a second to make sure that you truly understand what the question is asking before selecting an answer.

## Manage your time

"Focus on your pacing," he advises. "It's reminding yourself of how many minutes you have for each section. Start with the easy questions and remember the process of elimination — if you can eliminate two or three of them, it's OK to guess the answer."

It's also important not to spend too much time on one hard question.

"You can easily skip that question and go back to it at the end when you can focus," Franek advises.



Taking your time and following directions is crucial. / ISTOCK

## Change is coming

### Heading into the unknown

Last winter, the College Board (which administers the SAT) made headlines when it announced drastic changes to the exam beginning in March 2016. Franek says he and his

colleagues are already fielding questions. "We're advising people to take the current exam if they can," he says. "The restructured SAT is a tectonic shift and it creates a

great deal of anxiety, but the old exam is a known quantity."



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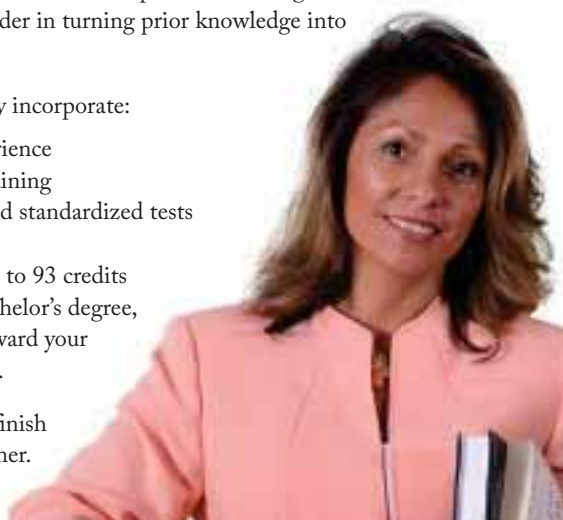
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## Family. Parents spend lots of time helping kids with homework



This generation of parents is much more hands on. / ISTOCK

### The plus side

#### A positive note

Despite rapid changes in recent years, teachers and parents are hopeful. Over three quarters of parents say they believe their children are receiving a good education. For their part, 85 percent of teachers say the quality at the school they work in is good.

A new study proves what many families have long suspected — parents are spending more time helping their kids with their homework than ever.

According to a new study from Education.com — 80 percent of parents spend much more time helping with assignments than their parents did. The study also offers a look at how Americans view the state of education today.

#### 1 Mixed feelings on Common Core.

The Common Core State Standards (which were meant to increase students' critical thinking and analytical skills) remain controversial — with one out of four parents believing the standards will have either a negative or very negative impact on the quality of their child's education and 40 percent of parents saying they are

still on the fence about it.

#### 2 What teachers think.

Teachers who were surveyed also expressed concerns about the Common Core, with many saying they still need more resources to properly implement the curriculum. Over a quarter of the teachers questioned said they have received no guidance on how to properly apply it.

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# Why Aren't Doctors Telling About These Two Often

## *Two Advanced Medical Treatments Every Knee Arthritis Sufferer*

by OsteoRelief Center

**OsteoRelief Center is a medical clinic with locations in Mid-town NYC, Financial District NYC And north Jersey that has treated thousands of knee arthritis patients since 2009.**

**Here is what every knee arthritis sufferer should know about the best treatments and options available today. Including when and why you should consider each of these 2 treatment approaches to get maximum results.**

If you suffer with knee arthritis pain, you have probably already tried many treatments ... especially countless pain medications.

Experienced doctors understand that, even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for knee arthritis pain... they are rarely the answer.

In most cases they have minimal results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

### **Are There Any Better Options?**

Thankfully, advancements in science and technology come extremely fast. And now there are two very good options for knee arthritis to help relieve the pain.

*Two options that a lot of knee arthritis sufferers have never heard of.*

Before we get into the two treatments, please understand this...

OsteoRelief Center is a REAL medical clinic that has treated thousands of knee arthritis sufferers. Patients travel from all over the country to be treated at one of their clinics because they want the best medical treatments available.

What you are about to discover are two REAL medical treatments. Not miracle cures you see on infomercials or on the internet.

**Know this fact:** There is no cure for arthritis. But there are these two treatments that have already helped thousands of knee arthritis sufferers - possibly just like you.

The first treatment is more common than the second. Even if you have heard of this treatment - or even tried it without good results - please read this. You will find out why it may not have worked for you and how you may be able to get much better results.

### **#1**

### **Viscosupplementation**

Viscosupplementation has gained quite a bit of popularity in recent years and it has gotten mixed results for a couple of reasons.

But before we get into that, here's what you need to know about viscosupplementation.

When you have arthritis, you suffer a decrease in the lubrication fluids in your knee.

In other words, your knee joints basically "dries up."

The lubricating fluid that decreases is called "synovial fluid."

Pharmaceutical companies (with the help of scientists) can now make natural synovial fluid gel-like compounds that, during viscosupplementation, treatments... doctors can precisely introduce directly into the knee and other joints.

This helps replace the lubricating fluid to the knee joint - allowing it to move more freely and smoothly and often decreasing or even eliminating the pain.

### **What Results Can Be Expected?**

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

### **But There Is A BIG Problem**

The key is the treatment must be EXTREMELY PRECISE. If the injection is slightly off, the medication will not get into the knee joint and the treatment will not work.

That's why the experts at OsteoRelief Center use advanced digital imaging so they can see the medicine going directly into the knee joint during the treatment.

Research shows that doctors performing joint injections without imaging miss the joint as much as 30% of the time.

If you have tried viscosupplementation without this special digital imaging without good results - this may be why.

That's why OsteoRelief Center takes it even one step further. They do not just use one step process of advanced imaging during treatment - they use two in their "double confirmation" process. This is to ensure patients get the best possible results.

### **Another Important Factor**

Viscosupplementation medications also come in several different brands and chemical make-ups. Just like all medications, some people respond better to some than others. While many doctors only use one brand, the experts at Osteorelief Center use several and great effort is taken to figure out what the best one for YOU is.

One last thing: The experts at OsteoRelief Center have found that the earlier you start Viscosupplementation the better.

This is most likely because the longer you wait - the more joint destruction takes place.

That's why OsteoRelief is now seeing so many patients as young as 45.

**Summary:** If you have knee arthritis pain and have not tried Viscosupplementation, you should look into it as soon as possible.

If you have tried it without good results, you may still be able to get great results with the proper imaging and specific medication.

### **What Should You Do If Viscosupplementation Fails?**

When conservative treatment, including visco supplementation fail... most knee arthritis sufferers believe their only option is total knee replacement surgery.

**This is not true... and here is why**

There is another treatment for serious knee arthritis pain most people (and even doctors) do not know about.

### **#2 Radiofrequency Neurotomy**

This treatment is called, "Radiofrequency Neurotomy." RF for short

RF is a procedure that is based on the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

Several branches of nerves that surround the knee are known as "genicular nerves."

Radiofrequency waves are delivered to the genicular nerves under advanced imaging to "block" the nerves



# Knee Arthritis Sufferers Successful Treatments?

## *Needs To Know - Before Or After Knee Replacement Surgery*

Two procedures are performed. First, a test, diagnostic "G Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, Genicular Neurotomy (G - RF) is performed for long term relief.

### Is It Safe?

Research has shown this procedure to be safe and effective.

One study published November 4, 2010 in the journal Pain found that RF treated subjects on average "achieved at least 50% knee pain relief at 1, 4 and 12 weeks, respectively. No patient reported a postprocedure adverse event during the follow-up period. RF neurotomy of genicular nerves leads to significant pain reduction and functional improvement in a subset of elderly chronic knee OA pain, and thus may be an effective treatment in such cases."

It should also be mentioned that, like all research, more studies should be done to get even more answers.

### Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and viscosupplementation do not offer good enough results.

*RF can be utilized before resorting to total knee replacement. RF allows many patients to avoid knee replacement surgery.*

*RF has also been found effective AFTER knee replacement surgery when the patient still feels pain.*

*The pain after a failed knee replacement surgery can be debilitating and this procedure can be the only thing that helps and give you relief.*

### What To Do Next If You Are In Pain

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

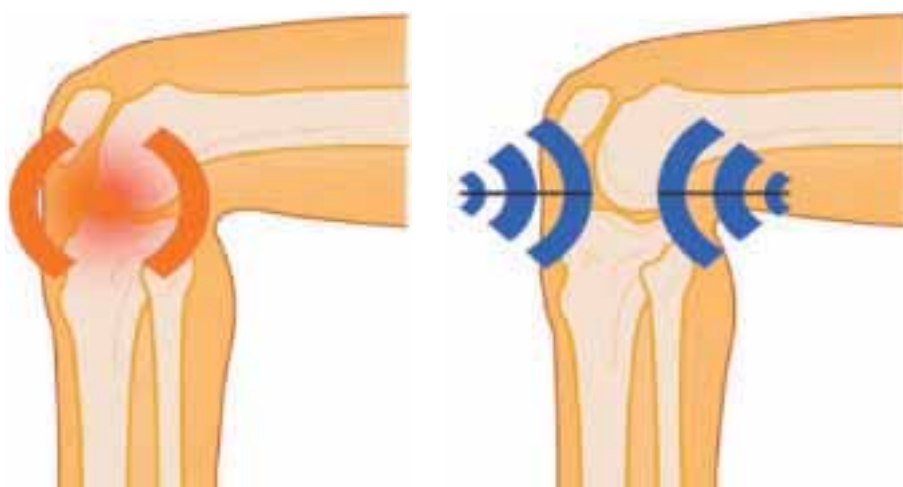
Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof.

This way, the doctors working on your case can give you a proper examination and advise the best possible treatment plan for your individual case.

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# 2

## CULTURE



### Twitter feed

Today, Mindy Kaling has a lot on her mind, Seth MacFarlane just doesn't have the time, Roseanne Barr knows her own limitations, Bill Maher is concerned and Tyra Banks only wants the best for you.

@mindykaling: My call time is 5:12 AM but I'm up wondering how @katyperry's rehearsals are going for the Super Bowl

@SethMacFarlane: According to Google, 129,864,880 books have been published... so no, I haven't read whatever dumb self-help thingy you're about to recommend.

@therealroseanne: I didn't see #Selma bc I can't suspend belief long enough 2 watch Oprah Winfrey act like she isn't Oprah Winfrey-but I will watch screeners.

@billmaher: "Ocean life faces mass extinction" headline stayed w/ me this weekend. Bush said "Oceans can't protect us." They can't protect selves either

@tyrabanks: Please don't drop out of high school to model. I've witnessed friends do this & fail. Fashion will wait until you have diploma in hand.



## Billy Crystal takes a stand against gay sex scenes

ALL PHOTOS GETTY IMAGES

Billy Crystal has a bone to pick with the shows that feature scenes of a homosexual nature, complaining to the Television Critics Association that they're not "to his taste," whatever that means. "Sometimes I think, 'Ah, that's too much for me.' Sometimes it's just pushing it a little too far for my taste — and I'm not going to reveal to you which ones they are." Sure, but we can guess. The biggest possible offenders are "How to Get Away with Murder" and "Looking." "I

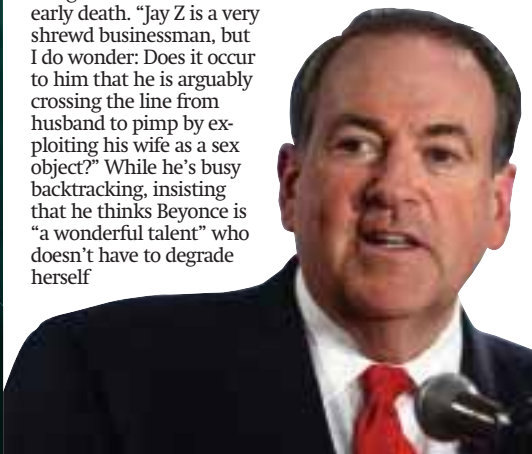
hope people don't abuse it and shove it in our face to the point where it feels like an everyday kind of thing," he added.

Listen, Billy, if you're going to employ neoconservative dog whistles in your responses, the correct phrasing is "shove it down our throats," not "shove it in our faces." I'm sure Fox News can provide you with a handy cheat sheet if you need. And as far as gay scenes feeling like "an everyday kind of thing"? That's sort of the point.

## Mike Huckabee has a problem with Jay Z's 'big pimpin'

Mike Huckabee has a problem with Jay Z and Beyoncé. "How can it be that the Obamas let Sasha and Malia listen to that?" he writes in "God, Guns, Grits and Gravy," his new memoir that apparently does more than list things that will lead to an early death. "Jay Z is a very shrewd businessman, but I do wonder: Does it occur to him that he is arguably crossing the line from husband to pimp by exploiting his wife as a sex object?" While he's busy backtracking, insisting that he thinks Beyoncé is "a wonderful talent" who doesn't have to degrade herself

by introducing anything remotely sexual into her act, I would like to point him to examples from Jay Z's work suggesting he is in fact just fine with being a pimp. Though I think he's using the word differently.



## THE WORD

Ned Ehrbar takes on the world of gossip.

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## Wait, Jennifer Aniston is Team Angelina?

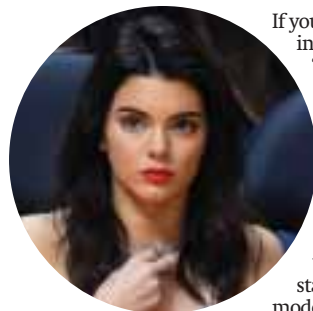
Jennifer Aniston and Angelina Jolie both attended the Critics Choice Awards last week — in the same room and everything — and the world did not slip into biblical levels of chaos. In fact, Aniston even went on record about the "Unbroken" director. "I hope that's slowly coming to an end," Aniston told Entertainment Tonight. "[Unbroken] is so beautiful and wonderful, and she did such a gorgeous job, and I think

it's time people stop with that petty B.S. and start celebrating great work and stop with the petty kind of silliness. ... It's just tiresome and old. It's like an old leather shoe."

I'm all for the high-minded moving on you suggest, but some — ahem — would be out of a job without all the petty B.S. and silliness in the world.



## Kendall Jenner terrified of turning 20



If you find yourself uttering that old chestnut, "Kids today, they grow up so fast," then you might actually be onto something. At least according to professional young person Kendall Jenner. The 19-year-old reality star — and, I guess, model or something —

writes in a new column for the Wall Street Journal's magazine, "I feel like I grew up too fast a long time ago." Let all the particulars of that sentence sink in for a moment. The "a long time ago" part, the fact that it's in WSJ magazine, the fact that she wrote a column for said magazine. I'll understand if you just want to go back to bed.

### Daily video



SATURDAY NIGHT LIVE / YOUTUBE

## 'SNL' takes a swing at Justin Bieber's Calvin Klein ads

"Saturday Night Live" star Kate McKinnon has spent the last couple of years honing a really impressive Justin Bieber impression,

so it only made sense that when the show returned this weekend she would put it to use to lampoon the Canadian tiny titan's infamous Calvin Klein underwear and jeans ads. "Yo, my pee-pee's in there," McKinnon-as-Bieber brags, motioning to her underwear. What works

best about the clip is that while it makes the obvious nod to his too-impressive-to-believe package, the brunt of its humor revolves around Bieber's attempts to seem like a grown-up, serious sex symbol — and how those attempts are completely undermined by his own immaturity.



# Something 'Weird' is going on

**Exclusive.** After more than three decades making fun of pop songs, the world was finally ready to give Yankovic a 'Mandatory' No. 1 album.

In a career that has spanned more than 30 years, "Weird Al" Yankovic is still experiencing a lot of firsts.

After rolling out a video per day on various online outlets to promote his "Mandatory Fun" album this summer, the world's most famous parody singer finally landed his first No. 1 record.

Each of the eight videos he released were viral sensations, racking up more than 50 million views and giving him a ubiquity that he hasn't

## Screwing up

### He isn't always in spoof mode

"I'm a big music fan, and that would just drive me crazy if I always had to have my antennae out," he says. "I certainly can listen to the radio, or listen to music in general, without always thinking, 'Hmmm, how can I screw this one up?'"

had since the 1980s. He's hoping the announcement of a world tour will have a similar impact.

"I always like to do the sneak attack," Yankovic says of the #8Days8Videos campaign and Tuesday's



WILL WE BE SEEING "WEIRD AL" ON BROADWAY? / GETTY IMAGES

announcement of the Mandatory Tour, which includes a stop at the Governors Ball in June.

"Because it's comedy, surprise is a big component. It's better not to know the joke is coming," he says.

This comic consciousness is a big part of our exclusive conversation with Yankovic.

When discussing "Word Crimes," the "Blurred Lines" parody that has been viewed on YouTube more than 21 million times, he says, "If you're going to be angry about grammar mistakes, why not be extremely angry about them?"

And while Yankovic has said that "Mandatory Fun," which was

nominated for a Grammy last month, may be his last conventional album, it doesn't mean he's retiring from making fun of hit songs. He just might do it in a more timely fashion, releasing singles instead. So what other firsts await him in his career?

"I've done a TV series and I've done a movie," he says, adding, "Some day I'd like to do a successful TV series and a successful movie! The one thing I'm sort of toying around with is doing a Broadway play. I won't say who I'm collaborating with or what we're thinking about, but that's something that's [in] my thoughts lately, and something that I haven't done. Other than that, I still enjoy my day job."



PAT HEALY  
@metronewyork  
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Visit **Metro.us** to hear "Weird Al" discuss a recently unearthed "serious" song.

## 'Eat it'

### Thanks to the King of Pop

"I have to give a large amount of credit to Michael Jackson for allowing me to do my parody of 'Beat It.' That turned a key in a major way. Any artists that we'd been talking to who were on the fence, we could say, 'Well, Michael Jackson didn't seem to have a problem with it...'"

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# Haley Joel Osment is no longer a little boy

**Interview.** The former child star is embracing a diversity of roles, as in the new rural drama 'The World Made Straight.'

Haley Joel Osment recently finished playing a Canadian Nazi. It's for the curious-sounding named "Yoga Hosers," the second in a planned trilogy of Canadian-set films by Kevin Smith. The first, "Tusk," featured the Osment as the friend of a guy (Justin Long) who's turned into a walrus.

These aren't the kinds of films one might have expected of the young, serious star of "The Sixth Sense." He took almost a decade away from the screen, but he's been pop-

ping up in supporting roles in small movies.

"For the last two years I've been getting a cool variety of characters," the Oscar nominee tells us. "There aren't a lot of bad guys who are 12. Every year I get older the opportunities broaden. I now get to play the weirder adult roles. ... That's what's been fortunate about the roles I've gotten in the last couple years: They're all over the place."

In "The World Made Straight," a drama set in 1970s North Carolina, he plays the friend of the lead (Jeremy Irvine): a rascal who does little but get drunk or high. "He's just somebody who hangs out at a gas station, throwing knives at a stump," he says.

Osment wasn't kicking back during his long break from movies. He did theater, including a brief

stint on Broadway in a production of David Mamet's "American Buffalo." And he spent four years studying theater at NYU's Tisch School of the Arts — this, again, with an Oscar nomination under his belt.

"I always had the attitude that there was a lot more for me to learn," he says. "That's what's fun about acting: You learn throughout your entire career." He studied experimental theater and even wrote and directed his own pieces — work he hopes to one day turn into movies, that he will direct. "I know most people don't want to hear actors say that," he says, laughing.



MATT PRIGGE  
@mattprigge  
matt.prigge@metro.us



Haley Joel Osment plays an Appalachian local in the drama "The World Made Straight," now on VOD. / MILLENNIUM ENTERTAINMENT

## Good times

## Looking Back

Talking to Osment can be a touch surreal, not only because he's far from the 11-year-old who Hoovered up awards aplenty, but because he comes off as a friendly, well-adjusted 20-something without the chip on the shoulder presumed to be attached to every former child star. He's even open when

talking about his old performances.

"I'm really proud of those films; they're not films I'm trying to dispel from people's minds. It takes time for that to not be the overriding image people have of you," he says. "If people identify you with a younger version of yourself, it takes time to change that."

"THERE AREN'T A LOT OF BAD GUYS WHO ARE 12. EVERY YEAR I GET OLDER THE OPPORTUNITIES BROADEN. I NOW GET TO PLAY THE WEIRDER ADULT ROLES," SAYS HALEY JOEL OSMENT.

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**Interview.** The actor went to some strange and twisted places while writing his new film.

Scott Foley knows you're not the biggest fan of his character on "Scandal," so he wasn't all that concerned with turning viewers off by playing the character who does the deed in "Let's Kill Ward's Wife," a dark comedy he also wrote and directed. (The film is now on VOD.) Just be careful how much you criticize him, since he's now exceptionally well-versed in how to dispose of human bodies.

**How do you prepare yourself for negative reactions against a comedy that gets this dark?**

I don't know how you prepare yourself. I think you buckle up and you batten down, right? I've been on this TV show for a while, and my character is very polarizing. Due to social media, I am constantly barraged by "f--- you" and "I hope your character dies," "I hope you die." I'm sort of used to it at this point. I knew going into this that you can please all of the people some of the time and some of the people all the time. There's something liberating about that.

**It's interesting that viewers can find so much sympathy for**

**a character that up and decides to kill his best friend's wife.**

The great thing is we reversed the roles. The domestic abuse is being perpetrated on the gentleman this time instead of the woman, and how his friends decide to take things into their own hands — whether it be accidental or on purpose — is a different story. But it was a hard balance between the gruesome and the heavy stuff and trying to find moments of levity.

**And I'm assuming you picked up some interesting new skill sets while researching this script.**

I probably spent about two days on the Internet going to these deep, dark websites that maybe me and one other weird guy had ever gone to and learning all the ways to dismember a body, to decompose a body, to get rid of a body — how to do it so the dogs don't smell the scent. One of the things that I found that I didn't use in the film is that if you put a body in a bag with kitty litter, it'll turn into jelly in a month. So f---ed up, but true. [Laughs] I'm surprised no one knocked on my door going, "Hey, what are you doing, Mr. Foley?"

**Do you think TV is doing too good of a job in educating people about how to actually get away with murder?**

There are ideas left and right about how to do all of this. If you were to do it, you could probably cite five or six different episodes of television shows.



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SCOTT FOLEY / GETTY IMAGES

# Scott Foley knows far too much about how to dispose of a body

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BOOKS 22

# How a subway ride inspired 'The Girl On The Train'

**Thriller.** Paula Hawkins talks to us about how being compared to "Gone Girl" is a double-edged sword.

Paula Hawkins' first book, the emotional thriller "The Girl On The Train," just came out last week, but DreamWorks has already bought the movie rights. With every early review comparing it to "Gone Girl," the stakes are pretty high for this novel, about a woman named Rachel who sees the same people on her commute to and from work each day and builds up stories in her mind about them. An alcoholic, Rachel makes for an unreliable narrator, which in part is responsible for the

book's twists, turns and shocking ending.

## Making 'subway friends'

"When I used to commute for work, one of my favorite things to do was to look out the window and into peoples' houses if I could see in," Hawkins tells us. "The idea for the book partially comes from the idea that you see these people every day and you feel like you've made a connection, but it's actually imaginary. And then thinking about what a vulnerable, lonely person would do with that

sensation."

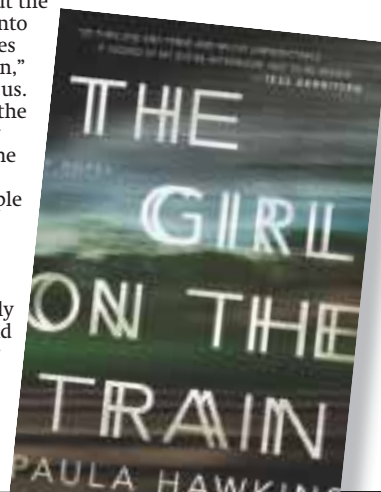
Hawkins says she liked the idea of creating a narrator with a drinking problem because it creates an unreliability in a lot of ways. "You can't trust yourself, your memory or your own judgments," she says.

## Getting it all on paper

When she sat down to write the book, Hawkins says she first created a detailed chapter-by-chapter outline to keep track of the book's multiple voices and time jumps, but there were a few things that even took her by surprise. "There's a character, Anna, who changed quite a lot for me," she says. "I saw her completely differently at the end of the book than I did at the beginning."

## On those 'Gone Girl' comparisons

When asked if the constant "Gone Girl" comparisons are flattering or annoying, Hawkins says it's a double-edged sword. "It's fantastic because I think 'Gone Girl' is such a great book, but



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"Girl On The Train" is Paula Hawkins's first novel. / JOHNNY RING

at the same time, I'd like ['Girl On The Train'] to be seen on its own merits as well." And as for that movie deal, Hawkins says things are still very early and she's just crossing her fingers. For now, she's content with

just getting the book in the hands of commuters and getting them so immersed that they just might miss their stop.



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#### Box office



Bradley Cooper stars in "American Sniper." / WARNER BROS. PICTURES

### America flocks to 'Sniper'

Clint Eastwood made a complex portrait of soldiers, exploring the trauma that affects those who fight wars as well as their families. Naturally, it made Marvel money.

"American Sniper," starring Bradley Cooper as noted Navy SEAL Chris Kyle, surprised many box office prognosticators by not only making a lot of money, but making all the money. The drama grossed \$105.3 million over the holiday weekend.

That weekend, of course, ended with Martin Luther King Jr. Day, yet audiences largely ignored

"Selma," the first Hollywood film about the civil rights leader. Coming into its second weekend of wide release, the drama failed to balloon after an underperforming national debut, dropping 26 percent from last week for a mere \$8.3 million — a disappointing tally for a film that's more than a little topical.

Meanwhile, Kevin Hart's latest vehicle, "The Wedding Ringer," did about half the business "Ride Along" did a year ago, grossing a respectable but lackluster \$21 million. **MATT PRIGGE**

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The country is full of waterfalls. / ALL PHOTOS BY NOLAN GAWRON

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Go five-star or get back to nature on Costa Rica's northwestern coast.

That secret about Costa Rica being a prime travel destination slipped out a long time ago. And with non-stop flights from New York — or Boston, newly added by JetBlue — to the city Liberia clocking in under six hours, East Coasters can more easily access the country's Pacific Coast.

Liberia provides a perfect jump-off for exploring Guanacaste province and the vast and varied terrains of the northwest region.

lodge offers a peaceful escape from crowds along with activities such as horseback riding, hiking, bird watching, waterslides and the Costa Rican tourists' favorite, zip-lining. The lodge also offers trips to nearby mud baths and thermal springs heated from the volcano.

Food in the hotel's five restaurants is made with ingredients grown on the premises. One of the only things not made here is the booze, which is consumed at sunset at the hilltop El Mirador bar. It's where everyone gathers to watch an explosion of color descend over the nearby prairies and the Papagayo Gulf.

## From farm to five-star resort

For those seeking a more pampered experience with a more padded price tag, the nearby Papagayo Peninsula does not disappoint. One of the area's five-star options is the Andaz, a Hyatt property. Only a year old, the hotel has already been recognized as one of the best new resorts in the world. Built into the hillside, this elegant example of modern architecture is the work of Costa Rica's own Ronald

## Lifestyle

### Pura vida

Meaning "pure life," pura vida is similar to "aloha" in Hawaiian — it's a greeting, a farewell, and more than anything a way of life.

Zurcher, and features a naturalist spirit with an influence of seed and shell shapes. It spans 28 acres of oceanfront property, with 150 guest rooms, a spa and three restaurants, all with locally sourced food. At Chao Pescao, you'll find one of the best-stocked bars and most creative bartenders in Costa Rica.

Not far from a marina filled with pricey yachts, the Andaz offers access to two private beaches on Culebra Bay. The waters are tranquil and free from waves, making it perfect for snorkeling and extended back-float sessions.

Just around sundown, the local howler monkeys return to the beach-front trees, and with a powerful roar let you know you're quickly outnumbered. It seems clear that they're reclaiming their beach for the night.



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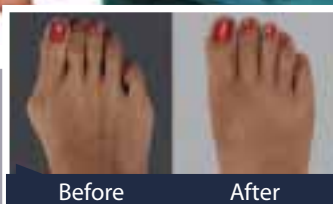
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# Parents helping change the world

## Making doctor visits less scary

As a mom and pediatrician, Dr. Amy Baxter has both given shots and watched her son squirm. Determined to make shots less of a big deal, Baxter came up with a way to create what is essentially a vibrating ice-pack wrapped in a cute bee character. The idea is that it will inter-

rupt pain signals on their way to the brain. The National Institutes of Health was so impressed by Baxter's idea that she was awarded a \$1 million grant. Now her company, Buzzy, has several offshoot products, all making getting a shot virtually pain-free.



Dr. Amy Baxter./GETTY IMAGES

**Inspiring.** These parents all made a big difference by starting small.

For these three parents, the everyday parenting problems they faced made them think about how many other kids might be facing a similar crisis. Let their stories serve as inspiration for how you can turn the negatives into positives in your own life.



EMILY LAURENCE  
@EmLaurence  
emily.laurence@metro.us

## Helping hungry kids in need

When Mark Alvarado's daughter asked him to pack an extra lunch for a classmate in need, it sparked a bigger action. He partnered with No Kid Hungry to throw events giving out free meals with a festival feel featuring live music. Last year, they served over 120,000 meals in their Santa Barbara community.

## Keeping military kids connected during deployment

One of the greatest sacrifices that the men and women fighting for our country make is being away from their families during long deployments.

Marine wife Alia Reese knows this all too well, but she found a way to make deployment just a little bit

easier for families. Reese published two books, "My Daddy Is a Marine" and "My Mommy Is a Marine," allowing families to include their own photos inside. Serving as a story/photo album, it's a small yet powerful way to keep families connected.



Alia Reese./FACEBOOK

## Local event. One-day conference for dads

To tackle the big questions many dads have, such as what is expected of dads in 2015, how to juggle parenting responsibilities with bringing home the bacon, and what to do if your wife or partner has a different parenting style than you, 92Y is holding a five-hour conference on Sunday, January 25.

Michael Thompson, the author of The New York Times best-selling book "Raising Cain: The Emotional Lives of Boys" and Paul Raeburn, who wrote "Do Fathers Matter? What Science Is Telling Us About The Parent We've Overlooked" will serve as two of the experts leading the discussion. Other

speakers include Michael Kimmel, author of "Guyland: The Perilous World Where Boys Become Men," Warby Parker co-founder and dad Neil Blumenthal, Dads Group co-founder and stay-at-home dad Matt Schneider.

The goal of the conference is to learn ways to balance work and home, get answers to challenging parenting questions and meet other fathers. Tickets are \$99 and can be purchased at 92y.org. If you can't make it to the event, you can watch the livestream at [www.92y.org/livestream](http://www.92y.org/livestream). Score a 15 percent discount by using the code "Parent" when buying tickets online. **EL**

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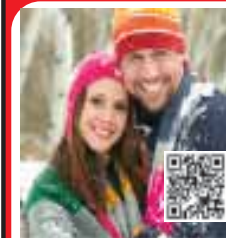
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## Horoscope

**♑ Capricorn | Dec. 22-Jan. 20.** If the standard approach isn't getting you what you want, try something out of the ordinary.

**♒ Aquarius | Jan. 21-Feb. 18.** Maintain your momentum and don't wait for others or give them a chance to catch up.

**♓ Pisces | Feb. 19-March 20.** There is something secretive going on behind the scenes. Dig deep and examine the circumstances. Don't depend on second-hand information.

**♈ Aries | March 21-April 20.** You will be solicited by a charitable or benevolent organization. Rise to the occasion.

**♉ Taurus | April 21-May 21.** A significant change is apparent. Consider making a move if it will bring you greater career opportunities.

**♊ Gemini | May 22-June 20.** Your decisions will be easy if you follow your heart and intuition. Positive and exciting results will occur if you invest more time in travel or your education.

**♋ Cancer | June 21-July 22.** An unexpected financial gain will come to you through a loan repayment or windfall. Be persistent.

**♌ Leo | July 23-Aug. 22.** Love is moving in a positive direction. Don't get hung up on minor mishaps. Put your energy into a meaningful relationship.

**♍ Virgo | Aug. 23-Sept. 22.** Be relentless. You can best your adversaries if you use a unique strategy. Your headlong advancement will be hard to beat.

**♎ Libra | Sept. 23-Oct. 22.** An opportunity to launch a gangbusters idea will bring financial rewards.

**♏ Scorpio | Oct. 23-Nov. 21.** Before you head off in a new direction, make sure you have all your facts in place. It will be hard to change course once you have started your journey.

**♐ Sagittarius | Nov. 22-Dec. 21.** Some deceitful deals will be offered to you. Extra cash will come your way through an unexpected gift, investment or win. **EUGENIA LAST**

## Letters to the editor

## Viva la France

**Re: Paris attacks**  
Paris, France was attacked last week by jihadists whose demented mentality had massacred many at the Charlie Hebdo satirical newspaper office. My heartfelt prayers go out to their families, friends as well as all the people in France who are mourning the loss of their fellow country men and women. Said and Cherif Kouachi went on a killing spree because they dislike what was said and depicted by this newspaper. I found this egregious and nefarious act of barbarism to be completely intolerable. I believe no man or woman has the right to kill another for what they say. I may not agree with what someone

has to say but I will defend their right of free speech. All the religions of the world must stand up and shout in a loud voice and say, enough is enough we will stand no more, for we cannot take this anymore. When freedom dies man ceases to exist. As such humanity must not appease nor capitulate to these perpetrators of evil who have no regard for the sacredness of human life. As for myself, I will not be afraid to speak out against those who commit these heinous acts of evil against innocent lives. For I have a voice and I intend to use it. In closing let me say to the people of France we feel your pain.

**FREDERICK R. BEDELL JR.**

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

## Sudoku: Easy and hard

		9			7		2	
	3	5	9			8		6
			2	8		3		
1	4	6					9	
	5					2	1	8
		4		7	1			
6		8			5	7	4	
	9		8			6		

1			5	2				8
			4				1	
6		8				4		
		3	2		8		6	
	1		6		4		7	
	6		9		7	5		
		7				2		6
	4				2			
2				4	3			1

**How to play**  
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Crossword

## Across

- 1 Heavy hydrogen discoverer
- 5 Angus Young's band
- 9 Wish granter
- 14 Orchid-loving Wolfe
- 15 Musical ensemble
- 16 Homer's tale
- 17 Eating peanuts
- 19 John, Paul, George and --
- 20 Drink like Rover
- 21 Borders
- 22 Chocolate bean
- 23 Wind around
- 25 Muslim mystic
- 26 Chicago trains
- 27 Faster
- 30 Half- -- (ill-conceived)
- 33 Oater classic
- 34 Facilitate
- 36 Like prime steak
- 37 Making bows
- 38 WWW addresses
- 39 Tone
- 40 Fixes potatoes
- 41 Commencement
- 42 Tummy soother
- 44 Plant sci.
- 45 "She's a Lady" composer
- 46 Used an Atr
- 50 Tattered
- 52 It meant well to Caesar

## Down

- 1 Cousin's dad
- 2 Brought back a movie
- 3 Burst forth
- 4 Hither and --
- 5 European capital
- 6 Whodunit start
- 7 Tumults
- 8 Gear tooth
- 9 Treetop nibbler
- 10 Draw out
- 11 Ms. Foch
- 12 "Othello" heavy
- 13 Ancient Tokyo
- 18 "The French Chef"
- 22 Prompting
- 24 Garden intruder
- 25 Lake swimmers
- 27 Jerked away
- 28 Maize units
- 29 Annoy
- 30 Scrooge's word

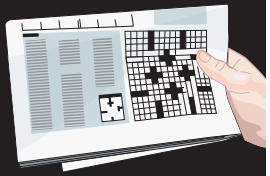
- 31 Water, in Tijuana
- 32 Quick-witted
- 33 Turkey neighbor
- 35 Aug. hours
- 37 Sticky
- 38 A law -- itself
- 40 Black cat
- 41 Flowed slowly
- 43 Be a snitch
- 44 Pennant
- 46 Be frugal
- 47 More scarce
- 48 Ms. Verdugo
- 49 Wasn't guilty
- 50 Bridle part
- 51 Diploma word
- 52 Fix, as lipstick
- 54 252 calories
- 55 Frat letter
- 56 Hot time in Quebec

## Weekend's answer

WIPE	OPAL	TERA
AVON	PINED	AUEL
GALA	ELDER	BRIE
SNOW	RAY	LOOLONG
LOAF	NUDE	
ASPER	TOGETHER	
SWED	RASH	SOPH
PAH	BERET	SCI
ITER	AWED	BATON
CHEER	IOS	KARATE
NUCLEI	TH	LEASE
ELHI	NAMES	MULL
INIT	GLARE	IRAS
LACY	BRED	SAGA

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Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.



1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20					21				22					
23			24					25						
				26				27			28	29		
30	31	32				33					34		35	
36					37						38			
39					40					41				
	42		43						44					
				45					46			47	48	49
	50	51					52					53		
54							55				56			
57							58				59			
60							61					62		



# Grading the Devils: Where's the offense?

**NHL.** The Devils have shown glimpses of the future, but the present looks bleak.

It was the morning of Dec. 27, 2014, and the New Jersey Devils were the talk of the NHL for all the wrong reasons.

Not 24 hours earlier, president and general manager Lou Lamoriello dropped a bombshell by firing head coach Pete DeBoer. Now, on this day, Lamoriello was expected to announce DeBoer's successor. Instead, Lamoriello outlined a three-headed coaching staff that was comprised of himself, Scott Stevens and Adam Oates. The plan left observers scratching their heads. "I tried to come up with

what was in my opinion the best way of getting our team to do certain things and getting the most out of the personnel we have," Lamoriello told the assembled media at the Prudential Center. "We're going to have a unique situation here."

Undoubtedly. But it hasn't been a winning one. The Devils are 4-5-1 since the coaching change, and only Arizona (36), Carolina (35), Buffalo and Edmonton (31 each) have fewer points than the 40 earned by New Jersey. It's late January and a franchise, for whom winning is essentially a birthright, has been relegated to playing out the string. How did it go so wrong, so fast?

DENIS GORMAN  
@DenisGorman  
sports@metro.us



Jaromir Jagr, at age 42, has had a resurgence lately for the Devils. / ALL PHOTOS GETTY IMAGES

## Forwards

Jaromir Jagr leads nine forwards in double-figure point production. That's the good news. The bad news is (A) he only has 25 points in 43 games, (B) he's 42 years old and (C) Jagr personifies the Devils' startling lack of team speed. Free agent signing Mike Cammalleri leads the team with 14 goals. Patrik Elias went over the 1,000-point mark for his career, and is one goal away from 400. The signings of Scott Gomez and Martin Havlat highlight the organizational failure in drafting and developing top-six forwards.

# D+

## Defensemen

If you're looking for positives, the triumvirate of Eric Gelinas, Damon Severson and Seth Helgeson have received ample opportunity to showcase their skill sets.

Adam Larsson has received more than 20 minutes a game of ice time since DeBoer's



Marek Zidlicky

firing. Veterans Marek Zidlicky and Andy Greene have been good; both could fetch something useful—prospect or draft pick—from a playoff contender at the trade deadline.

Captain Bryce Salvador has been limited to 15 games due to an euphemistic lower body injury.

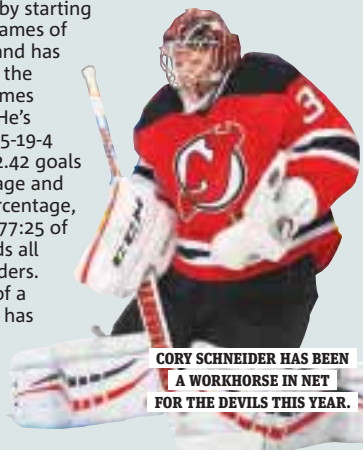
## Goaltenders

The first season without Martin Brodeur has seen Cory Schneider play at a Brodeurian pace.

Schneider set a franchise record by starting the first 20 games of the season, and has started 40 of the Devils' 46 games this season. He's compiled a 15-19-4 record with 2.42 goals against average and .919 save percentage, while his 2,277:25 of ice team leads all NHL goaltenders.

The lack of a quality No. 2 has been a season-long issue. Keith Kinkaid is 1-3-3

with a 2.54 GAA and .913 save percentage in nine starts, while Scott Clemmensen was 0-0-1 in three games with a 4.71 GAA and .852 save percentage.



CORY SCHNEIDER HAS BEEN A WORKHORSE IN NET FOR THE DEVILS THIS YEAR.



DEPARTED COACH PETE DEBOER HAS LEFT THE DEVILS WITH A TRIO OF HEADMASTERS.

## Coaching

It's difficult to grade the Lamoriello-Stevens-Oates trio after 10 games, while DeBoer, whose name was booed by Devils fans when he was announced as coach prior to home games, did not have enough talent to effectively implement his style of hockey.

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# 3

SPORTS

C-

## Special teams

A mixed bag. The power play ranks ninth in the NHL with a 20.6 percent success rate, but the penalty kill's 79 percent success rate is 24th in the league.



Umpire Carl Paganelli holds a ball during a rainy night in Foxborough on Sunday. / GETTY IMAGES

# NFL may throw the flag on Pats for flat football

**NFL.** The Patriots are again involved in a scandal just days before the Super Bowl.

Bill Belichick and his coaching staff were praised by many last week when they "outsmarted" the Ravens by using innovative formations. Still, in a post-Spygate day and age, anything and everything the Patriots seemingly do differently than other teams will be looked at with curious eyes.

The NFL is currently investigating whether or not the Patriots intentionally took air out of footballs during their rout of the Indianapolis Colts in the AFC Championship Game Sunday night. The theory is that footballs are easier to throw and catch in wet weather when they are not fully inflated.

Tom Brady literally laughed at the accusation during his weekly segment on the Dennis & Callahan program on WEEI Sports Radio in Boston.

"I think I've heard it all at this point," Brady told WEEI. "That's the last of my worries. I don't even respond to stuff like this."

In the NFL, game officials inspect 12 non-kicking footballs from each team prior to the game and mark them. The balls are maintained by ball attendants during the game but as the balls rotate in, officials continue to check them.

"If the ball doesn't feel perfect, they can throw it out," former NFL official Jim Daopoulos told ESPN.com.

NFL Network said Monday that a ball was taken off the field and out of circulation midway through the AFC Championship Game.

Bob Kravitz, of WTHR.com in Indianapolis, said he was told that "if a league investigation confirms deflated footballs it will result in lost draft picks."

**MATT BURKE**  
@BurkeMetroBos  
matthew.burke@metro.us

## Quoted

"I think it's kind of sour grapes, honestly. The Colts got their ass kicked [Sunday] and this [report] is from a writer that represents Indianapolis. A great season by the Colts unfortunately has to be clouded by some conspiracy theory about taking air out of the footballs. It's absolutely ridiculous."

CBS Sports analyst Boomer Esiason, to 98.5 FM Boston

## Bad boy bowl

The Seahawks and Patriots lead the NFL in terms of opposing fan bases labeling them "cheaters."

- Seattle has had five players suspended for performance-enhancing drugs since 2011.



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## Jets

### Tampering charges filed

Jets owner Woody Johnson could be fined a large sum as the NFL is trying to determine whether or not there was a violation of their tampering rules. At a press conference to announce the ousting of former coach Rex Ryan and former general manager John Idzik, Johnson discussed Patriots cornerback Darrelle Revis with the media, saying, "I'd love for Darrelle to come back." **MATT BURKE**

## Giants

### Tynes tweaks Patriots

Former New York Giants kicker Lawrence Tynes went right after the Patriots Sunday night, tweeting, "The Pats have learned to celebrate the hell out of those AFC Championships because they know what comes 2 weeks later. #0-2inGlendale."

Tynes was a part of the two Giants teams that beat the Patriots in Super Bowls in the 2007 and 2011 seasons. **MATT BURKE**

## Patriots

### Pats' Wilfork to the rescue

Patriots D-lineman Vince Wilfork helped a 38-year-old Massachusetts woman out of her Jeep after the vehicle rolled onto its side on Route 1 near Gillette Stadium. At 12:45 a.m. Monday, just hours after the Patriots beat the Colts in Foxborough, Wilfork reportedly reached into the vehicle and pulled out the woman with one hand while a state trooper held the driver's door open. **MATT BURKE**



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that a license, Serial # 1203125 for  
Liquor, Wine & Beer has been  
applied for by the undersigned to  
sell Liquor, Wine & Beer at retail  
under the Alcoholic Beverage  
Control Law at 155 Atlantic Ave.,  
Brooklyn, NY 11201, Kings County,  
for on permit conversion.  
Brooklyn Thin Crust Inc.



**LEGAL NOTICES**

**Notice of Formation** of 736 Tenth Avenue Cafe LLC. Articles of Organization filed with Secy. Of State of NY (SSNY) on July 3, 2013. Office location: New York County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: LLC c/o: 736 Tenth Ave., New York, NY 10019. Purpose: Any lawful activity.

**NOTICE IS HEREBY GIVEN** that a license, Number 1283114 for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 162 west 4th Street, New York, NY 10014 for on-premise consumption. Oppa Corp.

**NOTICE IS HEREBY GIVEN** that a license, Number 1283089 for Restaurant Wine has been applied for by the undersigned to sell Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 162 west 4th Street, New York, NY 10014 for on premise consumption. Sichuan Hot Pot Cuisine Inc.

**Notice of Formation** of KDS LLC Articles of Organization filed with Secy. of State of NY (SSNY) on 11/20/2014. Office location: New York County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 340 East 64th Street, Suite 8B, New York, NY 10021. Purpose: any lawful activity.

**NOTICE IS HEREBY GIVEN** that a license, Serial # 1283491 for Liquor, Wine & Beer has been applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 702 Grand Street, Brooklyn, NY 11211. Kings County, for on premise consumption. 702 Grand Street Restaurant Corp.

**NOTICE IS HEREBY GIVEN PURSUANT TO LAW**, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday, January 28, 2015 at 2:00 p.m. at 66 John Street, 11th floor, on a petition for Victory Sweet Shop, Ltd. to maintain, and operate an unenclosed sidewalk café at 21 East 62nd Street in the Borough of Manhattan for a term of two years.

REQUESTS FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

**NOTICE IS HEREBY GIVEN** that a license, Number 1283563 for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 83-23 Broadway, Elmhurst, NY 11373 for on-premise consumption. Hua Rong Inc.

**Legal Notices**

**Notice of Qualification** of Insight Pharmaceutical Solutions, LLC. Application for Auth. filed with the Secy. of State of New York (SSNY) on 11/19/2014. Office location: NY County. LLC formed in Pennsylvania (PA) on 9/12/2013. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to LLC c/o Incorp Services, Inc., One Commerce Plaza, 99 Washington Ave. Suite 805-A, Albany, NY 12210-2822. Albany County. Arts. of Org filed with PA Secy. of State, 401 North St., RM 406, Harrisburg, PA 17120. Purpose: any lawful activity.

**Notice of Formation** of Erika Oppenheimer, LLC. Articles of Organization filed with Secy. of State of New York (SSNY) on 11/10/2014 Office location: New York County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: LLC c/o 116 West 23rd Street, 5th Fl., New York, NY 10011. Purpose: Any lawful activity.

**Notice of Formation** of 235 Properties LLC Articles of Organization filed with Secy. of State of NY (SSNY) on October 9, 2014. Office location: Kings County SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 518 12th Street, 3rd Floor, Brooklyn, NY 11215 Purpose: Any lawful activity.

**Notice of Formation** of WL7 LLC Articles of Organization filed with Secy. of State of NY (SSNY) on October 14, 2014. Office location: New York County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail to: c/o Kibum Lee, 100 Riverside Blvd. Suite 25A, New York, NY 10069. Purpose: Any lawful activity.

**NOTICE IS HEREBY GIVEN** that a license, Number 1282990 for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 295 Grand St., Brooklyn, NY 11211 for on-premise consumption. Grand Street Food and Wine LLC.

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